

Tongue Syllable

Someone wants to know, “Any suggestions for syllable to shape your tongue?”

So, the reason why I pulled out the Dan Moi is that there's a syllabic range, there's like a spectrum of pronunciation that gets you the most resonant overtones in your vowels. And [makes sounds] ‘tear’, or ‘tree’; the English words ‘tree’ or ‘tear’ are pretty helpful. That doesn't cover the full range, but that'll get you onto some of them.

This is easy for people of certain native tongues and very difficult for people of other native tongues. English speakers, we can say "rrr" “eeearrrrr”. "Rrr" comes very naturally; but to Japanese or Spanish speakers, or Italians, "rrr" is not part of what you do normally with your tongue. So it can be a little bit more of a challenge.

But when you get it, it makes a lot more sense. And it can be very helpful. So, ‘tear’ or ‘tree’, you can work with those two words. And if you can pronounce them properly, then pronounce them super slow-motion: teeeeeaaaarrrrr, and that will get you going.