

Overtone Singing

“Talk a bit about how I use throat singing to help my trumpet playing.”

It's not throat singing, technically, it's just overtone singing in general. [does overtone singing] I don't know if you can hear that or not; but a better example would be one of these tools; one of these toys.

This is called a Dan Moi, Dan Moi. This is a cute little thing, it's like just a blade of metal that has its own frequency and [produces noises]. So no air; you don't have to exhale through this thing. It gives you kind of like an audible - it's like an audible X-Ray, where you can hear the shape of your tongue. So depending on the shape of my tongue, that changes which overtone is resonating inside of my mouth.

And so my introduction to that was listening to David Hykes, in the Harmonic Choir. David Hykes H-Y-K-E-S. There's some amazing stuff going on there, and I got hip to that twenty years ago, and *really* resonated with it and absolutely wanted to be able to do it for myself. I haven't managed- I haven't gone so deep into it as to figure out how the hell he does it so loud. But then a few years later I came upon these beautiful little toys, Dan Moi, D-A-N M-O-I. The Dan Moi- [makes sounds on Dan Moi] I'm just going uwi, uwi, uwi, uwi, uwi, uwi, uwiuwiuwi [makes sound on Dan Moi] and then you get that. So [makes many sounds on Dan Moi].

So the reason why this is important is because the shape of my tongue is *everything*, dude! It's, well, it's not *everything* - obviously there are other moving parts that go into the system of playing, but if you incorporate tongue position [makes sounds] to that degree into your playing, then it affects the way that the rest of all the moving parts work.

It changes how much air you need to use, how much muscle you really need to be flexing in your face. It was extremely *-extremely-* helpful during the time when I transitioned from being a shitter to being a pisser. Um [makes sounds] I mean that's the Maynard thing right? [Plays trumpet] [Does same air exercise but without the trumpet]

And you can, you can practice that this way [does sounds with Dan Moi]. So that's a pretty cool thing and another way to annoy your significant other that will help your trumpet playing.

